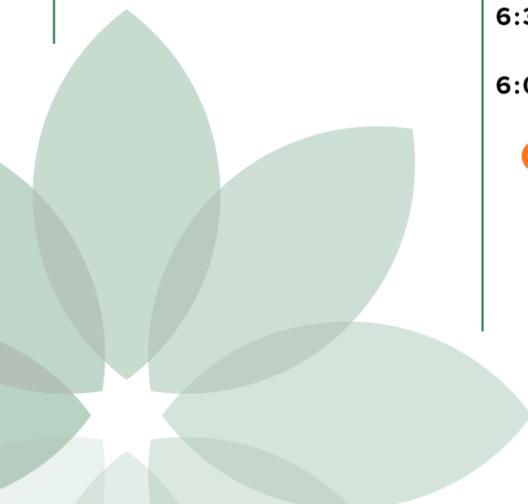


WEEK 1

ACTIVITIES CALENDAR

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|---|--|
| <p>01 8:30 Stratford Park Bible Church</p> <p>9:00 St. Matthew's Catholic Church</p> <p>10:00 Faith United Methodist Church</p> <p>10:00 Windsor Church - WOS</p> <p>2:00 Name that Tune with Marilyn – WOS</p> <p>3:00 Illini Men's Basketball at Nebraska– FS1</p> <p>3:15 Nickel Bingo - WOS</p> | <p>02 9:30 Walmart</p> <p>9:30 Current Events - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:30 National Geographic Series - WCT</p> <p>11:00 Balance - WOS</p> <p>12:30 Trivia with Transitions - WCT</p> <p>12:30 Cribbage - WOS</p> <p>1:00-3:00 PACE WOS Windsor Room</p> <p>2:00 Table Talk / Euchre - WOS</p> <p>4:30 Dinner Music w/ Tom Cortese - WCT</p> <p>6:00 Bridge - WOS</p> <p>6:30 Rummikub - WOS</p> <p>6:00 Orange Krush Visit!</p> <p>ORANGE DAY!</p> | <p>03 9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:30 Tuesdays at Ten Travel and Tourism in Victorian Times - Champaign Public Library</p> <p>10:00 "You Be the Judge" - WOS</p> <p>10:00 Jean's Prayer Group - WOS</p> <p>10:30 Java Club - WCT</p> <p>11:00 CU Wise TV-CH9</p> <p>11:00 Tai Chi with Savoy Therapy - WOS</p> <p>12:30 Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Reader's Theatre / Schnuck's / Bridge - WOS</p> <p>3:00 Chit Chat with Gail - WOS</p> <p>6:00 Tech Talk with John - WOS</p> <p>7:00 Bauer Family String Quartet</p> | <p>04 8:30 Exercise with Dar - WOS</p> <p>9:00 Balance - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Bus to Busey Bank</p> <p>10:00 Windsor Singers–WOS</p> <p>10:30 "Laughter Is Our Essential Medicine" Presentation by Richard McGuire - WCT</p> <p>11:00 Lunch at Arby's</p> <p>11:30 Lunch Music with Marilyn - WCT</p> <p>12:30 U of I Extension Tai Chi - WCT</p> <p>1:00 Catholic Mass - WOS</p> <p>2:00 Crafts w/ Judy - WCT</p> <p>2:00 5,000 Card Game - WOS</p> <p>2:00 Men's Coffee - WCT/CU Art Appreciation - WOS</p> <p>3:00 Euchre - WCT</p> <p>6:00 Bridge - WOS</p> <p>8:00 Illini Men's Basketball vs Northwestern - BTN</p> <p>ORANGE & BLUE DAY!</p> | <p>05 9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:40 Men's Coffee Group - WOS</p> <p>10:00 Mindful Movement in a Chair w/ Robin - WOS</p> <p>10:30 Java Club - WCT</p> <p>12:00-2:00 Fannie May -WOS</p> <p>12:30 Cardio Drumming</p> <p>12:30 Bible Study - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Loose Knit Group - WOS</p> <p>1:00 CU Wise TV - CH 9</p> <p>1:30 Game Time with St. Matt's - WCT</p> <p>2:00 Euchre - WOS</p> <p>2:30 Clipboard Bingo - WOS</p> <p>3:00 Windsor Writers - WOS</p> <p>2:30 Euchre - WCT</p> <p>7:00 Kevin Hart Group</p> | <p>06 8:30 Exercise with Dar - WOS</p> <p>9:00 Catholic Communion & Rosary - WOS</p> <p>9:00 Schnucks</p> <p>10:00 Chair Exercise - WCT</p> <p>10:30 Savoy Therapy Balance Testing - WCT</p> <p>11:00 Savoy Therapy Balance Testing - WOS</p> <p>12:30 Holly & Oreo Pet Therapy</p> <p>12:30 Champaign County History Museum History Talks YouTube Series - WCT</p> <p>1:00 Outing - Hobby Lobby</p> <p>1:00 Spinner's Dominoes Group - WOS</p> <p>3:00 Social Hour - WOS</p> <p>3:00 Euchre - WCT</p> <p>4:30 WCT Dinner Music with Billy Galt</p> <p>6:30 Trivial Pursuit - WOS</p> <p>7:00 Winter Games Opening Ceremony NBC</p> <p>NATIONAL WEAR RED DAY!</p> | <p>07 8:00 Maple & Yolk</p> <p>9:00 Harvest Market</p> <p>10:00 Chair Exercise – WCT</p> <p>10:30 "Emergence" Art Show By Michael Thomas Springer Cultural Center</p> <p>1:00 Mexican Train Dominoes - WOS</p> <p>7:00 Illini Men's Basketball at Michigan State - FOX</p> <p>ORANGE & BLUE DAY!</p> |



WEEK 2

ACTIVITIES CALENDAR



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|--|--|---|
| <p>08</p> <p>8:30 Stratford Park Bible Church</p> <p>9:00 St. Matthew's Catholic Church</p> <p>10:00 Faith United Methodist Church</p> <p>10:00 Windsor Church - WOS</p> <p>2:00 Name that Tune with Marilyn - WOS</p> <p>3:00 Illini Men's Basketball at Nebraska - FS1</p> <p>3:15 Nickel Bingo - WOS</p> <p>5:30 Super Bowl LX - NBC</p> | <p>09</p> <p>9:30 Walmart</p> <p>9:30 Current Events - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:30 National Geographic Series - WCT</p> <p>11:00 Balance - WOS</p> <p>12:30 Crafting with Gail - WCT</p> <p>12:30 Cribbage - WOS</p> <p>2:00 Table Talk / Euchre - WOS</p> <p>5:30 Movie - WCT</p> <p>6:00 Bridge - WOS</p> <p>6:30 Rummikub - WOS</p> <p>6:30 Movie - WOS</p> | <p>10</p> <p>9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:30 Tuesdays at Ten Travel and Tourism in Victorian Times - Champaign Public Library</p> <p>10:00 "You Be the Judge" - WOS</p> <p>10:00 Jean's Prayer Group - WOS</p> <p>10:30 Java Club - WCT</p> <p>11:00 CU Wise TV - CH9</p> <p>11:30 Birthday Lunch - WCT</p> <p>12:00 Birthday Lunch - WOS</p> <p>12:30 Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Reader's Theatre / Schnuck's / Bridge - WOS</p> <p>3:00 Chit Chat with Gail - WOS</p> <p>4:30 Dinner Music w/ Dan Basham - WCT</p> <p>6:00 Tech Talk with John - WOS</p> | <p>11</p> <p>8:30 Exercise with Dar - WOS</p> <p>9:00 Balance - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Bus to Busey Bank</p> <p>10:00 Windsor Singers - WOS</p> <p>10:30 Reader's Club - WCT</p> <p>11:00 Lunch at Hickory River</p> <p>11:30 Lunch Music with Marilyn - WCT</p> <p>12:30 U of I Extension Tai Chi - WCT</p> <p>1:00 Catholic Mass - WOS</p> <p>2:00 Valentine Social - WCT</p> <p>2:00 5,000 Card Game - WOS</p> <p>2:00 Men's Coffee - WCT</p> <p>2:00 CU Art Appreciation - WOS</p> <p>3:00 Euchre - WCT</p> <p>5:30 Movie - WCT</p> <p>6:00 Bridge - WOS</p> <p>6:30 Movie - WOS</p> | <p>12</p> <p>9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:40 Men's Coffee Group - WOS</p> <p>10:00 Mindful Movement in a Chair w/ Robin - WOS</p> <p>10:30 Java Club - WCT</p> <p>12:30 Bible Study / Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Loose Knit Group-WOS / CU Wise TV-CH 9</p> <p>1:30 Game Time with St. Matt's - WCT</p> <p>2:00 Euchre - WOS</p> <p>2:00-3:00 Tornado Drills - WCT</p> <p>2:30 Clipboard Bingo - WOS</p> <p>2:30 Euchre - WCT</p> <p>3:00 Windsor Writers - WOS</p> <p>7:00 Erik Lund's Jazz Friends Quintet</p> | <p>13</p> <p>8:30 Exercise with Dar - WOS</p> <p>9:00 Catholic Communion & Rosary - WOS</p> <p>9:00 Schnucks</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Celebration of Life - WOS</p> <p>11:00 Savoy Therapy Balance Testing - WOS</p> <p>12:30 Holly & Oreo Pet Therapy</p> <p>12:30 Champaign Co History Museum History Talks YouTube Series - WCT</p> <p>1:00 Outing - Hobby Lobby</p> <p>1:00 Spinner's Dominoes Group - WOS</p> <p>3:00 Social Hour - WOS</p> <p>3:00 Euchre - WCT</p> <p>4:30 WCT Dinner Music with Jordan Kaye</p> <p>6:30 Trivial Pursuit - WOS</p> | <p>14</p> <p>8:00 Maple & Yolk</p> <p>9:00 Harvest Market</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Valentine's Sing with the Windsor Singers - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>1:00 Mexican Train Dominoes - WOS</p> <p>2:00 Prairieland Pickers - WCT</p> <p>5:30 Movie - WCT</p> <p>6:30 Movie - WOS</p> |

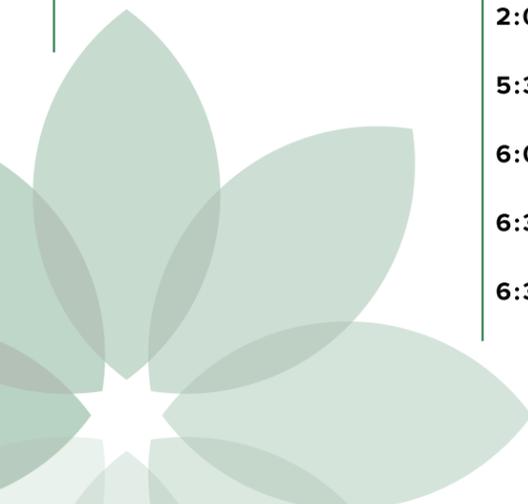


WEEK 3

ACTIVITIES CALENDAR



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|---|--|---|
| <p>15</p> <p>8:30 Stratford Park Bible Church</p> <p>9:00 St. Matthew's Catholic Church</p> <p>10:00 Faith United Methodist Church</p> <p>10:00 Windsor Church - WOS</p> <p>2:00 Name that Tune with Marilyn - WOS</p> <p>3:00 Illini Men's Basketball at Nebraska - FS1</p> <p>3:15 Nickel Bingo - WOS</p> <p>5:30 Super Bowl LX - NBC</p> | <p>16</p> <p>9:30 Walmart</p> <p>9:30 Current Events - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:30 National Geographic Series - WCT</p> <p>11:00 Outing to Golden Nugget - Danville</p> <p>11:00 Balance - WOS</p> <p>12:00 WCT Resident Townhall -WCT</p> <p>12:30 American Songbook with Billy Galt - WCT</p> <p>12:30 Cribbage - WOS</p> <p>1:30 Coffee & Conversations w/ Transitions-WCT</p> <p>2:00 Table Talk - WOS</p> <p>2:00 Euchre - WOS</p> <p>5:30 Movie - WCT</p> <p>6:00 Bridge - WOS</p> <p>6:30 Rummikub - WOS</p> <p>6:30 WOS Movie - WOS</p> | <p>17</p> <p>9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:30 Tuesdays at Ten Travel and Tourism in Victorian Times - Champaign Public Library</p> <p>10:00 "You Be the Judge" - WOS</p> <p>10:00 Jean's Prayer Group - WOS</p> <p>10:30 Java Club - WCT</p> <p>11:00 CU Wise TV - CH9</p> <p>12:30 Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Reader's Theatre / Schnuck's / Bridge - WOS</p> <p>2:00 WOS Dining Forum</p> <p>3:00 Chit Chat with Gail - WOS</p> <p>6:00 Tech Talk with John - WOS</p> <p>7:00 New Orlean's Jazz Machine</p> <p>DRESS NEW ORLEAN'S STYLE!</p> | <p>18</p> <p>8:30 Exercise with Dar - WOS</p> <p>9:00 Balance - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Bus to Busey Bank</p> <p>10:00 Windsor Singers - WOS</p> <p>10:30 Reader's Club - WCT</p> <p>11:00 Lunch at Perkins</p> <p>11:30 Lunch Music with Marilyn - WCT</p> <p>12:30 U of I Extension Tai Chi - WCT</p> <p>1:00 Catholic Mass - WOS</p> <p>2:00 Paper Skiing - WCT</p> <p>2:00 5,000 Card Game - WOS</p> <p>2:00 Men's Coffee - WCT</p> <p>2:00 CU Art Appreciation - WOS</p> <p>3:00 Euchre - WCT</p> <p>6:00 Bridge - WOS</p> <p>9:00 Illini Men's Basketball at Southern California - BTN</p> <p>ORANGE & BLUE DAY!</p> | <p>19</p> <p>9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:40 Men's Coffee Group - WOS</p> <p>10:00 Mindful Movement in a Chair w/ Robin - WOS</p> <p>10:30 Java Club - WCT</p> <p>12:30 Bible Study / Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Loose Knit Group-WOS / CU Wise TV-CH 9</p> <p>1:30 Game Time with St. Matt's - WCT</p> <p>2:00 Euchre - WOS</p> <p>2:30 Clipboard Bingo - WOS</p> <p>2:30 Euchre - WCT</p> <p>3:00 Windsor Writers - WOS</p> <p>7:00 The Jaybirds</p> | <p>20</p> <p>8:30 Exercise with Dar - WOS</p> <p>9:00 Catholic Communion & Rosary - WOS</p> <p>9:00 Schnucks</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Colin Thorn Resident Presentation: "Aotearoa: An Almost Circumnavigation"</p> <p>12:30 Holly & Oreo Pet Therapy</p> <p>12:30 Champaign Co History Museum History Talks YouTube Series - WCT</p> <p>1:00 Outing - Hobby Lobby</p> <p>1:00 Spinner's Dominoes Group - WOS</p> <p>3:00 Social Hour - WOS</p> <p>3:00 Euchre - WCT</p> <p>4:30 WCT Dinner Music with Ray Wiggs</p> <p>6:30 Trivial Pursuit - WOS</p> | <p>21</p> <p>8:00 Maple & Yolk</p> <p>9:00 Harvest Market</p> <p>10:00 Chair Exercise - WCT</p> <p>1:00 Mexican Train Dominoes - WOS</p> <p>2:00 Vocalist Katie Flynn - WCT</p> <p>5:30 Movie - WCT</p> <p>6:30 Movie - WOS</p> <p>7:00 Illini Men's Basketball vs Michigan - Fox</p> <p>ORANGE & BLUE DAY!</p> |



WEEK 4

ACTIVITIES CALENDAR



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|--|---|
| <p>22 8:30 Stratford Park Bible Church</p> <p>9:00 St. Matthew's Catholic Church</p> <p>10:00 Faith United Methodist Church</p> <p>10:00 Windsor Church - WOS</p> <p>1:30 Winter Olympics Closing Ceremony</p> <p>2:00 Name that Tune with Marilyn - WOS</p> <p>3:15 Nickel Bingo - WOS</p> <p>5:30 Movie - WCT</p> <p>6:30 WOS Movie - WOS</p> | <p>23 9:30 Walmart</p> <p>9:30 Current Events - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:30 National Geographic Series - WCT</p> <p>11:00 Balance - WOS</p> <p>12:00 WCT Resident Townhall -WCT</p> <p>12:30 Crafting w/ Gail - WCT</p> <p>12:30 Cribbage - WOS</p> <p>2:00 Table Talk - WOS</p> <p>2:00 Euchre - WOS</p> <p>6:00 Bridge - WOS</p> <p>6:30 Rummikub - WOS</p> <p>6:30 Online Security Presentation with The Belt's for Residents, Family, and Caregivers</p> | <p>24 9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:30 Tuesdays at Ten Travel and Tourism in Victorian Times – Champaign Public Library</p> <p>10:00 "You Be the Judge" - WOS</p> <p>10:00 Jean's Prayer Group - WOS</p> <p>10:30 Java Club - WCT</p> <p>12:30 Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Reader's Theatre / Schnuck's / Bridge - WOS</p> <p>2:00 WOS Dining Forum</p> <p>2:00 "Artifact Discovery" Champaign County Forest Preserve District Presentation by John Bien</p> <p>3:00 Chit Chat with Gail - WOS</p> <p>6:00 Tech Talk with John - WOS</p> <p>7:00 Church Street Ramblers</p> | <p>25 8:30 Exercise with Dar - WOS</p> <p>9:00 Balance - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 Bus to Busey Bank</p> <p>10:00 Windsor Singers - WOS</p> <p>10:30 Reader's Club - WCT</p> <p>11:00 Lunch at Papa Deli's</p> <p>11:30 Lunch Music with Marilyn – WCT</p> <p>12:30 U of I Extension Tai Chi - WCT</p> <p>1:00 Catholic Mass - WOS</p> <p>2:00 Crafts w/ Judy - WCT</p> <p>2:00 Men's Coffee - WCT</p> <p>2:00 CU Art Appreciation</p> <p>2:00 5,000 Card Game - WOS</p> <p>2:00 WOS/3:00 WCT "Champaign County Heritage Trail" – Robert White, Experience Champ. Co.</p> <p>3:00 Euchre - WCT</p> <p>5:30 Movie - WCT</p> <p>6:00 Bridge - WOS</p> <p>6:30 WOS Movie - WOS</p> | <p>26 9:00 Chair Exercise - WOS</p> <p>10:00 Chair Exercise - WCT</p> <p>9:40 Men's Coffee Group - WOS</p> <p>10:00 Mindful Movement in a Chair w/ Robin - WOS</p> <p>10:30 Java Club - WCT</p> <p>12:30 Bible Study / Cardio Drumming - WOS</p> <p>12:30 Bingo - WCT</p> <p>1:00 Loose Knit Group–WOS CU Wise TV–CH 9</p> <p>1:30 Game Time with St. Matt's - WCT</p> <p>2:00 Euchre - WOS</p> <p>2:30 Clipboard Bingo - WOS</p> <p>2:30 Euchre - WCT</p> <p>3:00 Windsor Writers - WOS</p> <p>7:00 Vocalist Katie Flynn - WOS</p> | <p>27 8:30 Exercise with Dar - WOS</p> <p>9:00 Catholic Communion & Rosary - WOS</p> <p>9:00 Schnucks - WCT</p> <p>10:00 Chair Exercise - WCT</p> <p>10:00 PBS MASTERPIECE show – "The Forsytes" Will Talk/Show Preview - WOS</p> <p>12:30 Holly & Oreo Pet Therapy</p> <p>12:30 Champaign Co History Museum History Talks YouTube Series - WCT</p> <p>1:00 Outing - Hobby Lobby</p> <p>1:00 Spinner's Dominoes Group - WOS</p> <p>3:00 Social Hour - WOS</p> <p>3:00 Euchre - WCT</p> <p>4:30 WCT Dinner Music with Dam Basham</p> <p>6:30 Trivial Pursuit - WOS</p> | <p>28 8:00 Maple & Yolk</p> <p>9:00 Meijer</p> <p>10:00 Chair Exercise - WCT</p> <p>1:00 Mexican Train Dominoes - WOS</p> <p>5:30 Movie - WCT</p> <p>6:30 Movie - WOS</p> |

